



As partners in healthcare with Bangor Area School District Lehigh Valley Health Network (LVHN) and Coordinated Health, a part of LVHN, are committed to a safe return to athletic participation after COVID-19. We realize the unique challenges faced by families and school districts during this time and have teamed up with your school to keep our promise of delivering free, convenient physicals for all student-athletes.

With the influence of COVID-19, we will continue to offer free physicals at many of our convenient locations. These physicals will be done on an individual basis and appointments will be scheduled ahead of time. Appointments will be scheduled **beginning on June 1st, and will run through August 16th.**

***To promote the safest PIAA physical for your student athlete we are encouraging parents to sign up for the MyLVHN app. This convenient service allows you to schedule your appointment at your convenience and e-check in, allowing you to wait in your vehicle until you are ready to be roomed.***

*Athletes who are signed up for the MyLVHN app are able to schedule appointments at any of our locations at their convenience. Utilizing the MyLVHN app even allows for **SAME day scheduling**, making this the quickest option for scheduling the sports physical. If you currently are not signed up through MyLVHN, please follow the link for sign up instructions or reach out to 1-844-469-5846 for further assistance with MyLVHN: [MyLVHN sign up FAQ](#)*

*If an athlete is not signed up for the MyLVHN app, or if you are signing up multiple athletes at once, please follow the link below, fill out the form, and a call team member will reach out to you within five to seven business days to schedule the sports physical. [Register for a free PIAA physical.](#)*

At LVHN and Coordinated Health, we're excited to get back to sports and can't wait to join our school partners for the thrill of another season. No matter what you need this season, we're here for you.

Please direct any scheduling concerns to the Sports Medicine Care Coordination Team at: [AthleticTraining@lvhn.org](mailto:AthleticTraining@lvhn.org)